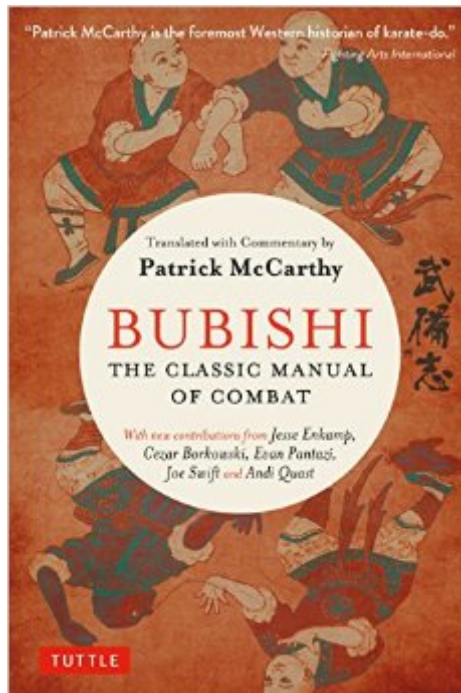


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# Bubishi: The Classic Manual Of Combat



## Synopsis

Treasured for centuries by karate's top masters, the *Bubishi* is a classic Chinese work on philosophy, strategy, medicine, and technique as they relate to the martial arts. Referred to as the "bible of karate" by famous master Chojun Miyagi, for hundreds of years the *Bubishi* was a secret text passed from master to student in China and later in Okinawa. All of karate's legendary masters have studied it, applied its teachings, or copied passages from it. No other classic work has had as dramatic an impact on the shaping and development of karate as the *Bubishi*. Karate historian and authority Patrick McCarthy spent over ten years researching and studying the *Bubishi* and the arts associated with it. The first English translation of this remarkable martial arts manual includes numerous explanations and notes. McCarthy's work also includes groundbreaking research on Okinawan and Chinese history, as well as the fighting and healing traditions that developed in those countries, making it a gold mine for researchers and practitioners alike. For the final word on the true origins and spirit of classic Okinawan martial arts, one need look no further. This karate book is one of the best karate training supplements available. This new paperback edition includes additional commentary from the translator, as well as a new foreword.

## Book Information

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## Customer Reviews

**Bubishi: The Classic Manual of Combat** Patrick McCarthy's newest translation of the Okinawaden *Bubishi* (his 4th) is the best yet. Not only has he treated us to an updated translation, he has included information on a number of related topics: the Chinese origins of the text, its relationship to various systems of Okinawan karate, some of the various editions of the text in Okinawa, his own

attempts toward translations of the text over the years and the editions he has produced in English, etc. I found McCarthy's newest edition of the Okinawaden Bubishi to be well-researched, well-referenced, and a treasure trove on information regarding the title text and McCarthy's own extensive research into the origins of Okinawan karate. The only down side is his need for a good editor who can better organize the information into logical sections and a consistent method of Romanizing the various languages that he has to deal with in this marvelous piece of research. For example, in PART ONE: HISTORY AND PHILOSOPHY, McCarthy presents us with a superb history of karate in addition to a number of theories on the origins and evolution of the Okinawaden Bubishi. However, he allows his own historical monograph to run into a similarly titled, first section of the translated text. Consequently, it is difficult to determine where McCarthy ends and the translated text begins. This method of presentation is repeated in each section. A better editing job would have more clearly defined the sections of McCarthy's research and the actual text translation. Following the textual translation McCarthy includes a substantial Bibliography, helpful glossary, and decent Index. The glossary section, entitled "List of Chinese and Japanese Terms", could also use an editor.

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